

the HELICOPTER



The Rotary Club of Pensacola District 6940 Club 4248

WEEK IN REVIEW 02/6/2018

The weekly meeting of the Rotary Club of Pensacola was held at New World Landing on Tuesday, February 6, 2018. Members and guests were greeted at the door by Jack Williams. Ed Wonders and Ken Woolf handled ticket sales. Past President Innes Richards opened the meeting with the four-way test. President Paul Tobin, still recuperating, was in attendance and received a hearty welcome. We look forward to his return to the podium and those great history moments. Doug Werber won \$53 dollars with the winning raffle ticket. Randy Ray inspired with the prayer and led us in the Pledge of allegiance to the Flag. Ed Ranelli reminded that the nominations for the Ethics in Business Awards are due by March 31, 2018. Preston Forshee sent out a request for volunteers to help with the Rotarians Against Hunger again this year set for February 24, 2018. Check the website to sign up for time slots of 8:00-10:00am or 10:00 – 12:30pm. Alan Bookman provided a little sunshine and welcomed guests of members and visiting Rotarians. Ed Ranelli and Grover Robinson were present for Birthday greetings. Mark Harden introduced the Speakers, our own John Appleyard and his son Dickie. John Appleyard has spoken to the club on many occasions and is well known as a skilled researcher, author, story teller and expert

historian. As we settled in for a good history lesson, it soon became clear that instead, we would have the privilege of hearing a family's story on coping with the struggles of wife and mother with Alzheimer's disease. The father and son offer their story in true Appleyard fashion as consummate educators and community supporters to further the understanding of the disease and its effects on families and the entire community. The well delivered talk included facts, figures and history of the disease, named after Dr. Alois Alzheimer, a physician who first described the disease in 1906. Since then scientists have made much progress and continued to study the incurable neurodegenerative disease that progresses gradually with patterns of cognitive and functional impairment until the patient can no longer care for themselves and eventually require full time care. The story for the Appleyards followed the typical progression of the disease that begins with short term memory loss, problems with language, disorientation and behavioral issues. Their story began over 10 years ago with a recognition by the primary care doctor that for Mrs. Appleyard memory loss was beginning to manifest as more than normal forgetfulness and he began to monitor the status of her cognitive changes. Within five years, driving was an impossibility and

a few years later she required full time care at home. Eventually and most certainly inevitably, she required permanent care outside of the home. Dealing with the needs of the patient and the caregivers at each decision point required family meetings and commitments and often came with disagreements. Tough decisions had to be made and mistakes were made. Realizing that we live in an aging society and that others will be facing similar situations, they offer a few bits of advice based on their experience. 1. Be prepared. Seek help and information from reputable sources and there are some available in the Pensacola area such as Covenant Hospice. 2. Recognize and face the facts of the diagnosis and the needs of the situation as soon as possible. 3. Recognize that there are many ways to address and satisfy the needs of the patient and don't ignore the needs of the caregivers.

Past President Innes thanked all who served, and the meeting was adjourned.

Claudia Simmons

ROTARY WHEELS

- ❖ Word is that Ed Nickinson will retire from his Circuit Judge role in mid-year... following many fine years of community service.
- ❖ Bob Hart's law firm is relocating, and as they did they were kind to charities with some fine but unneeded furnishings.
- ❖ Maybe George Fox would be a fine program shortly; his workings with the aeronautics authority and air safety would be interesting.
- ❖ Back in 1918 (100 years ago) our president was W. H. Watson, a prominent man in real estate. Also in that year, the Congress turned the clock ahead one hour as of March first to October 31, our first Daylight Savings period. (The men in Washington believed that the nation as a whole would save electricity.)
- ❖ Rumer has it that Collier Merrill may be planning another eatery. True?
- ❖ Dale Jordon was among the bridge walkers on February 3rd, crisp effort.

WHAT'S HAPPENING IN ROTARY

It's that time of year again, CROP Rotarians will pack 75,000 meals for the clients of MANNA on February 24th! MANNA uses the CROP meals throughout the year to feed the hungry in Escambia and Santa Rosa Counties. Rotary Club of Pensacola is recruiting volunteers for two shifts on February 24th, 8 am – 10am and 10:30 am – 12:30 pm. We encourage you to bring another volunteer as this is a great way to expose potential members to the fellowship of Rotary and include your spouse and children (please only bring children 10 and up). Sign-up sheets will be on the tables over the next few weeks, you can also email Preston Forshee at piforshee@pensacolalaw.com. Thank you for your participation.

New member drive through April. Any potential new members you bring to the meetings through the month of April, there will be no charged for their lunch.

2017-2018 Club Officers

◆ President	Paul Tobin
◆ Past President	Sherry Hartnett
◆ President Elect	Betty Roberts
◆ Secretary	Claudia Simmons
◆ Treasurer	C. Ray Jones
◆ Sergeant At Arms	Tim Kane
◆ Historian	John Appleyard

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Clubs Available for Makeup

Five Flags	New World Landing	Mon.	12:15 pm
Gulf Breeze	Legends Restaurant	Tues.	7:00 am
	Andrews Institute		
Milton	Red Barn on Hwy. 90	Tues.	12:00 pm
Seville	Seville Quarter	Tues.	5:30 pm
Perdido	Triggers Restaurant	Wed.	7:30 am
Cantonment	Scenic Hills Country Club	Wed.	12:15 pm
Cordova	Gulf Coast Kid's House	Thur.	7:00 am
Pace	Stonebrook Village	Thur.	7:00 am
Suburban West	Pensacola Yacht Club	Thur.	12:00 pm
Navarre	The Tuscan Grill	Thur.	12:00 pm
	Hidden Creek Golf Course - Check navarrerotary.org		
Pensacola North	Asbury Place	Friday	12:00 pm
	Cokesbury Methodist		

District Governor

Lisa Broxson Weeks
www.rotary6940.org

Assistant District Governor

Innes Richards

HAPPY BIRTHDAY

Birthdays for the week of February 13th through February 19

Robert Palmer – February 16 – born in Pensacola, FL, in Rotary 28 years

Vicki Campbell – February 17 – born in Pensacola, FL in Rotary 1 year

Cal Moore – February 19 – born in Montgomery, AL, in Rotary 33 years

Roger Vinson – February 19 – born in Cadiz, KY, in Rotary 34 years

GREETERS/TICKET SALES

February 13

Greeters - Ellis Bullock, Jr and Ellis Bullock III

Ticket Sales - Charles Beall and Frank Beall

February 20

Greeters - Robert Behr and Judy Bense

Ticket Sales - Bob Benz and George Biggs

PRAYER/PLEDGE AND SUNSHINE

February 13

Prayer and Pledge - Chris Kelly

Sunshine - Vicki Campbell

February 20

Prayer and Pledge - Henry Roberts

Sunshine - Sally Fox

WHAT'S HAPPENING IN ROTARY

February - Peace and Conflict Prevention/Resolution Month

13	Noon	Regular Meeting
20	Noon	Regular Meeting
	1:00	Board Meeting, New World Landing
27	Noon	Regular Meeting

PROGRAM SCHEDULE

February

13	Christian Garman, Innovation Institute
20	Chip Simmons, Escambia County Sheriffs Department, Community Outreach and Youth Programs
27	David Uslan, Tax Changes

The Rotary Club of Pensacola
P. O. Box 528
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